

Balgrist

Universitätsklinik

Cadavric
workshops at
**Operating
Room X**

Preliminary Program

1st Balgrist Ilizarov Hands-on Course

**Thursday, November 20th –
Friday, November 21st, 2025**
9.00 – 16.00

Balgrist University Hospital, Zurich



Universität
Zürich

swiss olympic

Medical
Center

We are very pleased to announce the first Ilizarov Hands-on Course taking place at the Balgrist University Hospital in Zurich.

The Ilizarov technique is a powerful tool for foot and ankle surgeons. We routinely use the Ilizarov ring fixator, especially for complex cases. The technique is demanding and complex. Not only does the assembly of the ringfixateur needs experience but also the re-construction of the foot in the first step is challenging.

The course aims to provide knowledge, tips and tricks and hands-on experience in using the ring fixator and to address the underlying pathologies. In the morning we will teach you the theoretical knowledge and in the afternoon we focus on hands-on practise with specimen at our surgical research and training facility Operating Room X (OR-X).

We are looking forward to your participation.

PD Dr. med. Stephan Wirth
Head of University Foot Center and
Head of Foot and Ankle Surgery
Balgrist Universtiy Hospital
Course Chairman

Foot and Ankle Surgery Team
Balgrist University Hospital
PD Dr. med. dipl.-Phys. Arnd Viehöfer
PD Dr. med. Silvan Beeler
Dr. med. Pascal Furrer

Course supporters:

Medeco-ch

 **ORTHOFIX**[®]

Location

Balgrist Universtiy Hospital
Forchstrasse 340
8008 Zurich, Switzerland

Workshop facility
Operating Room X
www.or-x.ch

CME Credits

Swiss Orthopaedics: 16 Credits

Course fee / Registration

Course fee 1400 Swiss Francs
(including workshops, lunches,
coffee breaks and course dinner)



[www.balgrist.ch/
kongresse](http://www.balgrist.ch/kongresse) or scan
QR code

Contact

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Program

Thursday, November 20th, 2025

from **Registration & Welcome coffee**
08.30

09.00 Welcome Stephan Wirth

09.10 Short Introduction to Ilizarov Ring Fixateur

09.20 Technique of Ilizarov Ring Fixateur

09.35 Indications & advantages for Ilizarov Ring
Fixateur Foot and Ankle Surgery
Team Balgrist

09.55 Case presentations

10.10 Discussion All

10.15 **Coffee break**

10.30 Live surgery Stephan Wirth

12.00 **Lunch break**

13.00 *Transit to workshop facility*
Prepare for Hands-on Training *OR-X Team*

13.30 Hands-on training Foot and Ankle Surgery
Team Balgrist

16.00 Wrap - up first course day Stephan Wirth

19.00 **Course Dinner in Zurich**

Program

Friday, November 21st, 2025

09.00	Theory & Basics: <ul style="list-style-type: none">• Charcot• Infections• Reconstruction	Stephan Wirth
09.45	Using Ilizarov Ringfixator for Charcot of the ankle Principles and Hints	
10.05	Using Ilizarov Ringfixator for Midfoot Charcot	Foot and Ankle Surgery Team Balgrist
10.20	Using Ilizarov Ringfixator for Hindfoot reconstruction	
10.35	Complex Cases	
11.00	<i>Coffee break</i>	
11.15	Postoperative Care	
11.30	Interdisciplinary approach	Foot and Ankle Surgery Team Balgrist
11.45	Approach from an infectious point of view	Team Balgrist
12.00	What is literature saying?	
12.15	Cases of the attendees	All
12.45	<i>Lunch break</i>	
13.30	<i>Transit to workshop facility Prepare for Hands-on Training</i>	<i>Team OR-X</i>
14.00	Hands-on training	Foot and Ankle Surgery Team Balgrist
16.00	Wrap - up and End of course	Stephan Wirth
