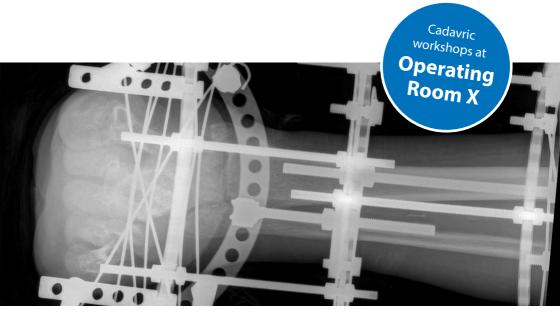


Universitätsklinik



Preliminary Program

1st Balgrist Ilizarov Hands-on Course

Thursday, November 20th – Friday, November 21st, 2025 9.00 – 16.00

Balgrist University Hospital, Zurich





We are very pleased to announce the first Ilizarov Hands-on Course taking place at the Balgrist University Hospital in Zurich.

The Ilizarov technique is a powerful tool for foot and ankle surgeons. We routinely use the Ilizarov ring fixator, especially for complex cases. The technique is demanding and complex. Not only does the assembly of the ringfixateur needs experience but also the reconstruction of the foot in the first step is challenging.

The course aims to provide knowledge, tips and tricks and hands-on experience in using the ring fixator and to address the underlying pathologies. In the morning we will teach you the theoretical knowledge and in the afternoon we focus on hands-on practise with specimen at our surgical research and training facility Operating Room X (OR-X).

We are looking forward to your participation.

PD Dr. med. Stephan Wirth

Head of University Foot Center and Head of Foot and Ankle Surgery Balgrist University Hospital Course Chairman

Foot and Ankle Surgery Team **Balgrist University Hospital**

PD Dr. med. dipl.-Phys. Arnd Viehöfer PD Dr. med. Silvan Beeler Dr. med. Pascal Furrer

Course supporters:

Medeco-ch



Location

Balgrist Universtiy Hospital Forchstrasse 340 8008 Zurich, Switzerland

Worskhop facilty Operating Room X www.or-x.ch

CME Credits

Swiss Orthopaedics: 16 Credits

Course fee / Registration

Course fee 1400 Swiss Francs (including workshops, lunches, coffee breaks and course dinner)



www.balgrist.ch/ kongresse or scan QR code

Contact

Stefanie Pfister Congress coordinator T + 41 44 386 38 33 kongresse@balgrist.ch www.balgrist.ch









Program Thursday, November 20th, 2025

from 08.30	Registration & Welcome coffee	
09.00	Welcome	Stephan Wirth
09.10	Short Introduction to Ilizarov Ring Fixateur	
09.20	Technique of Ilizarov Ring Fixateur	-
09.35	Indications & advantages for Ilizarov Ring Fixateur	 Foot and Ankle Surgery Team Balgrist
09.55	Case presentations	-
10.10	Discussion	All
10.15	Coffee break	
10.30	Live surgery	Stephan Wirth
12.00	Lunch break	
13.00	Transit to workshop facilty Prepare for Hands-on Training	OR-X Team
13.30	Hands-on training	Foot and Ankle Surgery Team Balgrist
	Wrap - up first course day	Stephan Wirth

Program Friday, November 21st, 2025

09.00	Theory & Basics: Charcot Infections Reconstruction	Stephan Wirth
09.45	Using Ilizarov Ringfixator for Charcot of the ankle Principles and Hints	
10.05	Using Ilizarov Ringfixator for Midfoot Char- cot	Foot and Ankle Surgery Team Balgrist
10.20	Using Ilizarov Ringfixator for Hindfoot re- construction	-
10.35	Complex Cases	-
11.00	Coffee break	
11.15	Postoperative Care	
11.30	Interdisciplinary approach	Foot and Ankle Surgery Team Balgrist
11.45	Approach from an infectious point of view	
12.00	What is literature saying?	-
12.15	Cases of the attendees	All
12.45	Lunch break	
13.30	Transit to workshop facilty Prepare for Hands-on Training	Team OR-X
14.00	Hands-on training	Foot and Ankle Surgery Team Balgrist
16.00	Wrap - up and End of course	Stephan Wirth